



Early Help Partnership Training Catalogue 2024/25

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Introduction

Our vision for early help in Buckinghamshire is that we will work together to support families at the right time and in the right way, to help families meet their own needs and those of their children.

To support our early help professionals and those supporting other families, we have developed a multi-agency training programme which is being made available for everyone working with children and families in Buckinghamshire and partners within Family Hub Networks. We are grateful to all the partner agencies who have opened up this comprehensive range of courses to the early help community, through the Early Help Partnership Board.

The training programme covers a wide range of topics that support delivery to address prevalent local needs, including SEND, mental health, parenting and safeguarding as well as courses to enhance skills and practitioner confidence. This training programme aims to complement the training offered by the Buckinghamshire Safeguarding Children Partnership (BSCP) and Buckinghamshire Safeguarding Adults board (BSAB).

We are continually developing new courses to meet need and will keep this document updated, so please check back regularly for new courses and dates.

The training offer is curated for Buckinghamshire Early Help Partnership partner organisations (both staff and volunteers) to support with all aspects of early help and enable an effective response, proactively signposting individuals and families [to the most appropriate support.

The training courses are run by a variety of member organisations of the partnership. The training is delivered in a range of formats including bitesize videos, pre-recorded and live webinars, half day and full day face to face training and e-learning courses (2-3 hours up to 12-week courses).

Most of the training is free, and where there is a charge, this is indicated in the course section. In these cases, please check the provider's website for further details. Please follow the instructions in the booking section of the course to book directly with the provider.

Please contact the provider organisation in the first instance with any questions about the course. If you have any other questions about any of the training, please email earlyhelppartnership@buckinghamshire.gov.uk

Child and Youth Work

Leap courses

E-learning / Virtual MS Teams

Description: Leap is a social enterprise that exists to improve the lives of residents in Buckinghamshire and Milton Keynes through regular movement, physical activity and sport. They offer a number of courses which they are opening up for early help providers. While all the courses are designed for coaches and sports programmes, they include concepts that are also applicable to other sectors.

Venue: E-learning and/or virtual via MS Teams

Course length: 1-2 hours

Booking: [Training Opportunities - LEAP \(leapwithus.org.uk\)](https://www.leapwithus.org.uk)

Cost: Most courses are free, some are chargeable at c£24

Target Audience: Coaches/Sport

Attachment

In-person – dates below / E-learning / Virtual MS Teams

Description: Run by the Family Nurse Partnership, which is an intensive, targeted home-visiting programme for first-time young mothers and families. The attachment learning package will refresh and revise knowledge about attachment and offers you an opportunity to reflect on and practice skills for supporting families to develop a secure attachment with their babies.

Venue, Date & Time:

18th November 2024: (09:00 - 16:00): Education Centre, Wycombe Hospital

26th September 2025 (09:30 - 16:30): Training Room 1, Stoke Mandeville Hospital

1st December 2025 (09:30 - 16:30): Training Room 1 Stoke Mandeville Hospital

Course length: Full day

Booking: Please email the course name & date along with your name, role, team & manager, email address and mobile number to buc-tr.FNP-Bucks@nhs.net quoting 'early help partnership training offer'. Places are limited to 16 and will be prioritised to Bucks Healthcare staff, please cancel your booking if you are unable to attend so the place can be given to someone else.

Cost: Free - please bring your own refreshments/lunch

Target Audience: Bucks Healthcare Staff

Using trauma-informed practice to increase engagement with families

In-person – dates below

Description: Run by the Family Nurse Partnership, which is an intensive, targeted home-visiting programme for first-time young mothers and families, the course aims to articulate features of trauma-informed practice and help you reflect on your own practice with insight. It also will cover the internal and external barriers to engagement, and aid in creating a personal/team action plan to implement learning from the workshop.

Venue, Date & Time:

16th December 2024: (09:00 - 16:00): Education Centre, Wycombe Hospital

21st February 2025 (09:30 - 16:30): Training Room 1, Stoke Mandeville Hospital

1st September (09:30 - 16:30): Marlow Room, Education Centre, Wycombe Hospital

Course length: Full day

Booking: Please email the course name & date along with your name, role, team & manager, email address and mobile number to buc-tr.FNP-Bucks@nhs.net quoting 'early help partnership training offer'. Places are limited to 16 and will be prioritised to Bucks Healthcare staff, please cancel your booking if you are unable to attend so the place can be given to someone else.

Cost: Free - please bring your own refreshments/lunch.

Target Audience: Bucks Healthcare Staff

Early Years Service courses

In-person – dates below / Virtual MS Teams

Description: Buckinghamshire Early Years and Childcare training supports practitioners to meet key requirements of the Early Years Foundation Stage. Their catalogue provides an extensive and varied selection of training and development opportunities for the sector. NB: All the courses are designed for those working in the early years sector, covering 0 – 5-year-olds.

Venue: Face to face and virtual via MS Teams/Zoom

Course length: 2 hours – full days

Booking: [Early years training catalogue](#)

Cost: c£60 per day per person

Target Audience: Early years practitioners

Caring for Children & Young People - Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course provides an introductory understanding of childcare through exploring young children’s development, the value and importance of play, how to plan a healthy diet and the importance of safeguarding and welfare.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](#)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Awareness of Bullying in Children & Young People - Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course develops your understanding of bullying, including how to recognise that bullying is taking place and how to take action to stop it. This qualification covers the definitions of bullying and cyber bullying, legislation that relates to bullying, the effects of bullying on children and young people and how to act when bullying is identified.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](#)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Early Help

How to use the Buckinghamshire Family Information Service Directory

Video

Description: This video will show you how to access and use the directory effectively to find activities and services.

Venue: Video

Duration: 4 minutes

Booking: [How to use the BFIS directory](#)

Cost: Free

Health

Alcohol Awareness – Identification and Brief Advice (IBA)

Virtual

Description: This training session provides information to enhance confidence and awareness around alcohol use and alcohol harms enabling participants to have conversations with clients around their alcohol use and the support services that are on offer.

Venue: Virtual MS Teams

27th November 2024: 14:00 – 16:30

10th December 2024: 09:30 – 12:00

23rd January 2025: 14:00 – 16:30

6th March 2025: 09:30 – 12:00

Course length: 2.5 hours

Booking: [Alcohol Awareness Brief Advice and Identification Tickets, Multiple Dates | Eventbrite](#)

Cost: Free

Sexual health and wellbeing courses

Virtual

Description: A wide range of courses from Bucks Sexual Health & Wellbeing covering topics such as sexual health in the community, Trans inclusive care, managing difficult questions and community women's health.

Venue: Virtual

Course length: 3 hours

Booking: [Training for Professionals and Schools | Sexual Health Bucks](#)

Cost: Free

Mental Health and Wellbeing

An overview of common mental health issues in children and young people

Video

Description: The Virtual School recorded a webinar aimed at schools that gives a brief introduction to the mental health issues often seen by professionals in front-line work with children and young people.

Venue: Pre-recorded webinar

Course length: 1 hour

Booking: [Schools Training - Introduction to Mental Health](#)

Cost: Free

CAMHS Mental Health Training courses

Virtual MS Teams

Description: All Bucks professionals can access a wide range of CAMHS courses which include an overview of mental health, self-harm, PTSD, ASD, eating disorders and having difficult conversations.

Venue: Virtual via MS Teams

Duration: 2 hours

Booking: [CAMHS Mental health training for professionals](#). Please email the course name & date along with your name, role, team & manager, email address and mobile number to TrainingatBucksCAMHS@oxfordhealth.nhs.uk quoting 'early help partnership training offer.'

Cost: Free

Emotionally based school non-attendance (EBSNA) for parents

Video

Description: Recorded by SENDIAS (Special Educational Needs and Disability Information, Advice and Support Service) with support from FACT Bucks (parent carer forum) for parents to inform them about support available for children who are struggling to attend school.

Venue: Pre-recorded webinar

Course length: 1 hour

Booking: [SENDIAS training](#)

Cost: Free

Emotionally based school non-attendance (EBSNA) for schools

Video

Description: Recorded by Buckinghamshire Council's Educational Psychologists as part of their toolkit on EBSNA for schools, the 5 bitesize videos cover what is EBSNA, how anxiety plays a role and specialist guidance for what schools can do to help the child and their families.

Venue: Video

Course length: 15 minutes each

Booking: [EBSNA training for schools](#)

Cost: Free

Parental Conflict and Parental Mental Illness – Impact on children they care for

In-person – dates below

Description: Run by Oxford Health Safeguarding practitioners and Buckinghamshire Council Childrens Services, this course considers the impact that both mental illness and parental conflict can have on children. It will help you understand more about how mental health difficulties may be made worse by parental conflict and vice versa which may mean that children are at risk of poor outcomes for their health and education.

Venue, Date & Time:

2nd December 2024: (10:00 – 12:30): Jubilee Room, Gateway Conference Centre, Gatehouse Road, Aylesbury

11th March 2025: (10:00 – 12:30): Jubilee Room, Gateway Conference Centre, Gatehouse Road, Aylesbury

24th June 2025: (10:00 – 12:30): Jubilee Room, Gateway Conference Centre, Gatehouse Road, Aylesbury

16th September 2025: (10:00 – 12:30): Diamond Room, Gateway Conference Centre, Gatehouse Road, Aylesbury

Course length: Half day

Booking: [BSCP Parental Conflict and Parental Mental Illness](#)

Cost: Free for organisations that contribute to the BSCP, £80 for VCS organisations and £150 for non-contributing organisations

Introduction to Mental Health

E-learning

Description: Run by the Council for Disabled Children, for predominantly SENDIAS staff, the course aims to help you to understand mental health and mental health difficulties. It will include understanding how a person's mental health difficulties relate to their life experiences, introduce some key mental health terminology and support you in working with people who experience mental health difficulties.

Venue: E-learning

Course length: 45 minutes

Booking: [Introduction to mental health | Council for Disabled Children](#)

Cost: Free

Mental Health Awareness – Level 1 award

E-learning

Description: Run by the Adult Learning team, this course increases your knowledge and understanding of mental health including what is meant by mental health, social and personal effects of mental ill health, responses to mental health issues and cultural diversity in relation to mental health issues.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](https://adultlearningbc.ac.uk)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Awareness of Mental Health Problems – Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course helps you gain an understanding of prevalent mental health problems and how you can then work with or interact with individuals with them. Units include: what is meant by mental health, understanding stress, anxiety, phobias, depression, bipolar disorder, schizophrenia, dementia, eating disorders, ADHD, OCD and PTSD.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](https://adultlearningbc.ac.uk)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Understanding Children and Young People’s Mental Health – Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course increases your understanding of mental health conditions that affect children and young people, legislation and guidance, risk factors that may affect mental well-being and the impact that mental health concerns may have on young people and others.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](https://adultlearningbc.ac.uk)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Skills

Making Every Contact Count (MECC)

Virtual

Description: MECC is an approach to behaviour change that uses the millions of day-to-day interactions that organisations and people have with other people to support them in making positive changes to their physical and mental health and wellbeing. The course covers; defining what MECC is and the key principles, how conversations about health can fit into your everyday life, overview of behaviour change theory and how to apply healthy conversation skills into day-to-day interactions.

Venue: Live webinar

Course length: 1 hour

Booking: [Making Every Contact Count](#)

Cost: Free

Motivational Interviewing

In-person – dates below

Description: Run by the Family Nurse Partnership, which is an intensive, targeted home-visiting programme for first-time young mothers and families. The course provides an introduction to the theory and practice of motivational interviewing. The style and spirit of motivational interviewing encompasses working collaboratively with clients towards an individualised approach, being non-judgemental, and respecting a client's autonomy.

Venue, Date & Time:

31st January 2025 (09:30 - 16:30): Training Room 1, Stoke Mandeville Hospital

3rd March 2025 (09:30 - 16:30): Marlow Room, Education Centre, Wycombe Hospital

Course length: Full day

Booking: Please email the course name & date along with your name, role, team & manager, email address and mobile number to buc-tr.FNP-Bucks@nhs.net quoting 'early help partnership training offer'. Places are limited to 16 and will be prioritised to Bucks Healthcare staff, please cancel your booking if you are unable to attend so the place can be given to someone else.

Cost: Free - please bring your own refreshments/lunch

Target Audience: Bucks Healthcare Staff

Working effectively with parents and carers

Video

Description: The Virtual School recorded a webinar aimed at schools that explores how to build positive and productive relationships with parents and carers.

Venue: Pre-recorded webinar

Course length: 1 hour

Booking: [Working Effectively with Parents and Carers Meeting](#)

Cost: Free

Counselling Skills – Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course develops your knowledge of counselling theories, key elements of the main theoretical approaches and will help you to develop self-understanding and reflect on your own values and beliefs. Units include: using counselling skills, theories e.g. cognitive behavioural therapy, diversity and ethics, personal development

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](#)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Safeguarding

Domestic Abuse courses

In-person / Virtual MS Teams

Description: The Buckinghamshire Domestic Abuse Board is offering 18 different types of courses including domestic abuse and child neglect, spiritual and ritualistic abuse and challenges in recognising victims and perpetrators.

Venue: Virtual via MS teams or face to face

Course length: 1 hour to full day

Booking: [Buckinghamshire Domestic Abuse Partnership](#)

Cost: Free (£70 charge if cancel within 48 hours)

Exploitation risks and our vulnerable children

Video

Description: The Virtual School recorded a webinar they ran for schools on exploitation risks. The training was delivered by a specialist in contextual safeguarding from the social care team in Children's Services.

Venue: Pre-recorded webinar

Course length: 1 hour

Booking: [Exploitation risks and our vulnerable children](#)

Cost: Free

Child and Adolescent Behaviour training

Virtual

Description: This training event is open to all professionals who are working with children – it is intended to be at a level of increasing general awareness. It is provided by the child and adolescent harmful behaviour team (CAHBS) which is a part of the CAMHS provision in Bucks, and aims to support professionals, families and young people where there are concerns about sexually inappropriate/ harmful/problematic behaviours.

Venue: Webinar

Course length: 2 hours

Booking: [Buckinghamshire Safeguarding Partnership Training Brochure](#)

Cost: Free for organisations that contribute to the BSCP, £80 for VCS organisations and £150 for non-contributing organisations

Child Exploitation and You workshop

In-person

Description: This BSCP course covers developing an increased understanding of different forms of child exploitation, hearing from those with lived experience of child exploitation in Buckinghamshire. In addition, exploring what barriers to effective safeguarding may exist and reflecting on positive experiences and next steps.

Venue: Face to face

Course length: 3 hours

Booking: [Buckinghamshire Safeguarding Partnership Training Brochure](#)

Cost: Free for organisations that contribute to the BSCP, £80 for VCS organisations and £150 for non-contributing organisations

Safeguarding Adults at risk for beginners

E-learning

Description: To provide you with an awareness around Safeguarding Adults so you will have the confidence to report matters through identified routes. It will centre upon and provide you with confidence in the areas of recognising, responding, recording, reporting and reviewing when you may have a concern for an adult. In addition, you will learn about the importance of protecting the rights of adults.

Venue: E-learning

Booking: [Adult Safeguarding](#)

Cost: Free for organisations that contribute to the BSCP, £80 for VCS organisations and £150 for non-contributing organisations

Safeguarding: Self-neglect and hoarding

E-learning

Description: To provide an understanding of Self Neglect and everyone's roles and responsibilities to safeguard adults at risk of harm including what is self-neglect, recognising signs and when it may be necessary to share your concerns with other agencies.

Venue: E-learning

Booking: [Self-Neglect & Hoarding](#)

Cost: Free for organisations that contribute to the BSCP, £80 for VCS organisations and £150 for non-contributing organisations

Safeguarding: The System and You

In-person

Description: The course explores the process of safeguarding children and gives delegates an understanding of the roles and responsibilities of individuals and agencies involved. Includes implications of legislation, impact of parenting issues, identifying thresholds and the meaning of significant harm and child exploitation.

Venue: Face to face

Course length: 7 hours

Booking: [Buckinghamshire Safeguarding Partnership Training Brochure](#)

Cost: Free for organisations that contribute to the BSCP, £80 for VCS organisations and £150 for non-contributing organisations.

Safeguarding, Prevent and British Values – Level 2 Certificate

E-learning

Description: Ran by the Adult Learning team, this course increases your understanding of how to recognise and prevent radicalisation and extremism. It includes the principles of safeguarding, the Prevent duty and its importance in society, and the importance of online safety and British values.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](#)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Special Educational Needs and Disabilities (SEND)

The Local Offer for SEND

Video

Description: Recorded by Adviza and Buckinghamshire Council's SEND service for professionals, the webinar raises awareness of the information, advice, and support available on the Buckinghamshire council website and directories for children, young people and families with SEND.

Venue: Pre-recorded webinar

Course length: 52 minutes

Booking: [Bucks SEND Local Offer](#)

Cost: Free

Capturing children's views

Video

Description: Recorded by SENDIAS (Special Educational Needs and Disability Information, Advice and Support Service) with support from FACT Bucks (parent carer forum) for parents and explains why their child's views are important and gives them some ideas to try with their child (webinar coproduced with Heritage House School).

Venue: Pre-recorded webinar

Course length: 2 hours

Booking: [SENDIAS training](#)

Cost: Free

Parents and carers new to SEND

Video

Description: Recorded by SENDIAS (Special Educational Needs and Disability Information, Advice and Support Service) with support from FACT Bucks (parent carer forum) for parents with a child or young person with SEND aged 0 - 25 living in Buckinghamshire. It provides the information needed for parents/carers to navigate the SEND system.

Venue: Pre-recorded webinar

Course length: 1 hour

Booking: [SENDIAS training](#)

Cost: Free

SEN Support

Video

Description: Recorded by SENDIAS (Special Educational Needs and Disability Information, Advice and Support Service) with support from FACT Bucks (parent carer forum) for parents to find out about the support available in Buckinghamshire for children and young people with SEND in mainstream schools, colleges and early years settings.

Venue: Pre-recorded webinar

Course length: 1 hour

Booking: [SENDIAS training](#)

Cost: Free

Introduction to Social Care for children with SEND

E-learning

Description: Run by the Council for Disabled Children, for predominantly SENDIAS staff, the course aims to improve your understanding of the role of social care teams and practitioners in the lives of children and young people with SEND and their families. It includes social care assessments and support, and the legal framework underpinning the provision of good quality social care.

Venue: E-learning

Course length: 1.5 hours

Booking: [Introduction to Social Care | Council for Disabled Children](#)

Cost: Free

Level 1: SEND Basic Awareness online training

E-learning

Description: Run by the Council for Disabled Children and NHS England, the course will help you understand what SEND means, the key points of legislation regarding SEND, the potential impact of SEND on a family and how families can be supported and where to find more information

Venue: E-learning

Course length: 1 hour

Booking: [Level 1: SEND Basic Awareness | Council for Disabled Children](#)

Cost: Free

Level 2: Basic Awareness online training

E-learning

Description: Ran by the Council for Disabled Children and NHS England, the course will help you understand key principles for working with CYP with SEND (inclusion, co-production, advocacy) and key processes which support CYP with SEND (EHCPs, roles and responsibilities in a multidisciplinary team, the local offer and how CYP and their families can access it)

Venue: E-learning

Course length: 1.5 hours

Booking: [Level 2: SEND Basic Awareness | Council for Disabled Children](#)

Cost: Free

SEND Service courses

In-person / E-learning / Virtual MS Teams

Description: Buckinghamshire SEND service's training catalogue provides specialist training for schools and practitioners on all aspects of SEND. Courses include language development, autism, independent living and creating communication and sensory friendly spaces. NB: Many of the courses are designed specifically for schools or early years settings and so are focused on the education setting.

Venue: Face to face, e-learning and virtual via MS Teams/Zoom

Course length: 1 hour – full days

Booking: [Bucks Family Information Service directory](#)

Cost: most of the courses are free, some have a charge of c£10-£300

Target Audience: schools, practitioners

Understanding Autism – Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course will help you gain an understanding of autism and the principles of supporting individuals with autism. You will look at the person-centred approach and the influence that positive communication methods can have and will gain an understanding of how individuals with autism can be supported to live healthy and fulfilled lives.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](#)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment

Special Education Needs and Disabilities – Level 2 Certificate

E-learning

Description: Run by the Adult Learning team, this course helps you consider many aspects of SEND, including the symptoms of specific conditions, legislation and guidance applicable to individuals with SEND and how such conditions affect individuals in daily life.

Venue: E-learning

Course length: 12 weeks (c4-5 hours p/w)

Booking: [Distance Online Learning \(adultlearningbc.ac.uk\)](http://adultlearningbc.ac.uk)

Cost: Free (£100 charge for non-completion)

Prerequisites: Lived in UK for over 3 years, over 19 years old, must complete induction & enrolment