



## Tool Two: Household Images (Clutter Rating)

**Clutter Image Rating: Kitchen** Please select the photo that most accurately reflects the amount of clutter in your room  
amount of clutter in your room



1



2



3



4



5



6



7



8



9

# Clutter Image Rating: Bedroom

Please select the photo that most accurately reflects the amount of clutter in your room



1



2



3



4



5



6



7



8



9



# Clutter Image Rating: Living Room

Please select the photo that most accurately reflects the amount of clutter in your room



1



2



3



4



5



6



7



8



9

# Clutter Image Rating

---

**How to use this Tool:-** This tool should be used when working with someone who may be affected by hoarding or maybe neglecting their environment. It is useful to ask the person alongside the professionals/workers view as to which pictures they think represents the state of their home, and then compare their perception with that of the professionals/workers view.

**Stage one:** Using the 3 series of pictures (CIR: Living Room, CIR: Kitchen, and CIR: Bedroom), Please select the picture that best represents the amount of clutter for each of the rooms of your home. Put the number on the line below.

Please pick the picture that is closest to being accurate, even if it is not exactly right. If your home does not have one of the rooms listed, just put NA for “not applicable” on that line.

Room	Number of closest corresponding picture (1-9)	
	Persons view	Professional/Workers view
Living Room		
Kitchen		
Bedroom #1		
Bedroom #2		

*Also, please rate other rooms in your house that are affected by clutter on the lines below. Use the CIR: Living Room pictures to make these ratings.*

Dining room  
Hallway  
Garage  
Basement  
Attic  
Car  
Other Please specify:

Please specify: \_\_\_\_\_

**Stage two:** Using the numbers that have been chosen the person and the worker can then look at whether they agree on the same level of clutter and if not why not. Then together agree which room numbers the person would like their home to look like and how they are going to work together to achieve this. This may be done by prioritising one room at a time, or one type of item they wish to remove.